

# Amotherby CP School

## Policy for Sex and Relationships Education

This policy covers our school's approach to the teaching of Sex and Relationships Education. The policy was produced after consultation with teaching staff, parents and governors.

This policy is available to parents on the school website which they can request a hard copy from the school office.

Our overarching aim for Sex and Relationship's Education (SRE) at Amotherby School is to assist young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.

We define SRE as Sex and Relationships Education (SRE) as learning about sex, sexuality, emotions, relationships, sexual health and ourselves. The term 'sex and relationships education' will be used throughout this document and represents learning about sex and relationships in our school.

This policy covers our school's approach to the teaching of SRE and provides information about the statutory entitlement for children which relates to Sex and Relationship Education Guidance produced by the Dfee (Dfee 0116/2000)

In key stage 1, SRE education means laying the foundations of understanding about growth, change and respect for one another.

By the end of Key Stage 1, pupils will be able to:

- recognise and compare the main external parts of the bodies of humans
- recognise similarities and differences between themselves and others and treat others with sensitivity
- identify and share their feelings with others
- recognise safe and unsafe situations
- identify and be able to talk to someone they trust
- be aware that their feelings and actions have an impact on others
- make a friend, talk with them and share feelings
- use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk.

Pupils will know and understand:

- that animals, including humans, grow and reproduce
- that humans and animals can produce offspring and these grow into adults
- the basic rules for keeping themselves safe and healthy
- about safe places to play and safe people to be with
- the needs of babies and young people
- ways in which they are like and different from others
- that they have some control over their actions and bodies
- the names of the main external parts of the body including agreed names for sexual parts
- why families are special for caring and sharing.

Pupils will have considered:

- why families are special
- the similarities and differences between people
- how their feelings and actions have an impact on other people

In key stage 2, SRE means preparing children for the changes that accompany puberty and offering them advice about how to deal with their physical and emotional changes.

By the end of Key Stage 2 pupils will be able to:

- express opinions, for example, about relationships and bullying
- listen to, and support others
- respect other people's viewpoints and beliefs
- recognise their changing emotions with friends and family and be able to express their feelings positively
- identify adults they can trust and who they can ask for help
- be self-confident in a wide range of new situations, such as seeking new friends
- form opinions that they can articulate to a variety of audiences
- recognise their own worth and identify positive things about themselves
- balance the stresses of life in order to promote both their own mental health and well-being and that of others
- see things from other people's viewpoints, for example their parents and their carers
- discuss moral questions
- listen to, support their friends and manage friendship problems
- recognise and challenge stereotypes, for example in relation to gender
- recognise the pressure of unwanted physical contact, and know ways of resisting it.

Pupils will know, understand and have considered:

- that the life processes common to humans and other animals include growth and reproduction
- about the main stages of the human life cycle
- about the physical changes that take place at puberty, why they happen and how to manage them
- the many relationships in which they are all involved
- where individual families and groups can find help
- how the media impact on forming attitudes
- about keeping themselves safe when involved with risky activities
- that their actions have consequences and be able to anticipate the results of them
- about different forms of bullying people and the feelings of both bullies and victims
- why being different can provoke bullying and know why this is unacceptable
- about, and accept, a wide range of different family arrangements, for example second marriages, fostering, extended families and three or more generations living together.
- the diversity of lifestyles
- when it is appropriate to take risk and when to say no and seek help
- the diversity of values and customs in the school and in the community
- the need for trust and love in established relationships

How will the lessons be taught?

SRE will be delivered as part of our PSHCE curriculum – specifically in the summer term during the topic 'Me and My Relationships'. A range of different teaching methods and activities will be used to ensure that all children are able to access their SRE curriculum. Teachers will use their expertise to assess the children's prior learning and to tailor the session accordingly.

### Assessment:

Pupil's learning will be assessed by their class teachers against the end of key stage requirements and each year groups statements. This information will be passed onto the Head teacher.

Specific SRE sessions will be:

- introduced in the Summer Term for each year group under the heading of Me and My Relationships. These sessions will be at an age appropriate level.
- specific guidance will be delivered to Year 6 children in the form of a progressive scheme of work addressing: naming of male and female body parts; body image; personal space; consent; personal hygiene; sex.
- Sex Education will be delivered over the final summer half term before transition to year 7. The sex education session will be delivered as 2 specific sessions – a separate girls/boys session and a joint session. Both sessions will be led by the Class 6 teacher with another member of the teaching staff present.
- The children will be watching a video which explains most of the SRE and body changes specific to year 6. This resource can be viewed at:  
[www.healthpromotion.ie/health/inner/busybodies](http://www.healthpromotion.ie/health/inner/busybodies)

Menstruation will be discussed in the separate all girls session for Year 5 and Year 6 girls.

Cross-circular links will be made to Science and PSHE (Personal, Social and Health Education).

### Answering Questions

Opportunities will be given for children to ask questions. However, any questions raised by pupils which directly concern the act of sexual intercourse or sexually transmitted diseases will not be answered and be relayed to parents/carers by letter so that they can answer them in the home environment.

### Parental Involvement

Parents will be:

- .. informed of the dates and times of the Sex and Relationships Education sessions
- .. asked for permission for their child to attend these
- .. invited to view the videos to be used prior to the sessions taking place
- .. invited to attend the girls/boys only sessions with their children

### Withdrawal

Parents/carers have the right to withdraw their child from this specific element of the curriculum, except the NC science order. If they decide to do so, the Headteacher must receive prior notification in writing. Any children withdrawn will be accommodated in another class for that session.

### Child Protection

Any disclosures made by pupils relating to incidents of sexual or other forms of abuse will be treated as a child protection issue and advice from Social Services will be sought in accordance with the North Yorkshire Child Protection Policy and Guidance. Confidentiality will be maintained at all times if such incidents occur.

This policy will be made available to parents and a statement about Sex and Relationships Education will be included on the website. It will be reviewed on an annual basis by the

Governing Body of the school.

This policy links to the Confidentiality policy, Safeguarding policy. Equal Opportunities policy and PSHE and Science policies.

May 2015